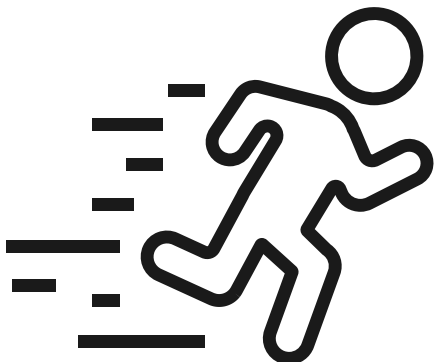
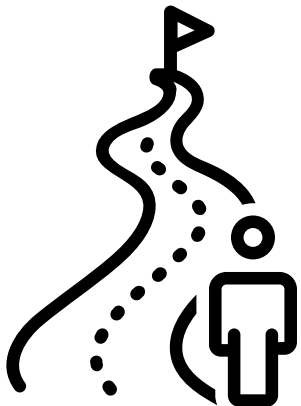
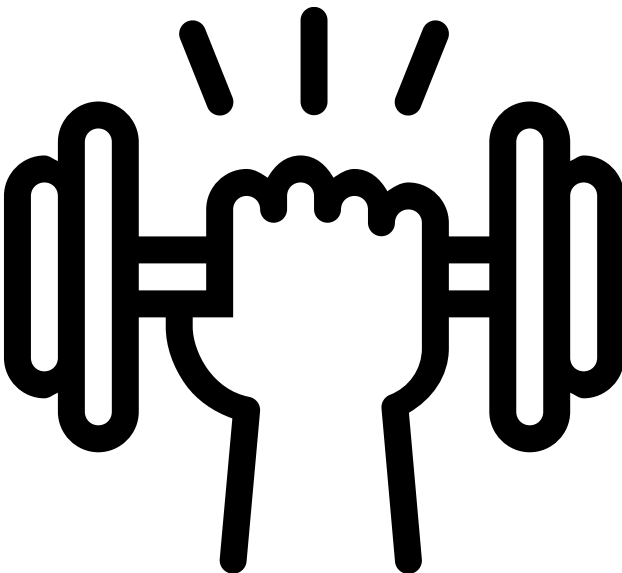
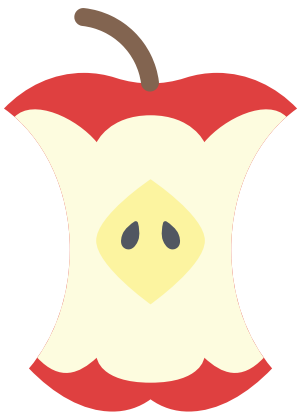
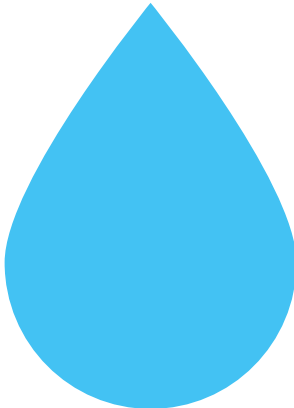
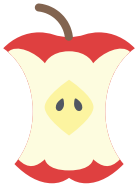


Spiritual Strength Training @ OSLC (aka Confirmation)





BAPTISM: In baptism, we are surrounded by the promises of God, the faith community, and parents, and we begin a baptismal journey as a child of God. Confirmation is time to be strengthened in the faith, culminating in a commissioning to go and live as God's people for the sake of the world.



CORE EVENTS: We will meet eight times throughout the year for a cross-generational lesson that will cover a core component of our faith. Parents or godparents or a caring adult are encouraged to attend with the student. These core events will repeat each year, so if you miss it one year, catch it the next!

- The 10 Commandments
- The Lord's Prayer
- The Apostle's Creed
- The Sacraments & Blessings
- Martin Luther & The Reformation
- The Church
- Stewardship
- Worship



KARDIA (Heart) GROUPS: Throughout the year, students will gather in small groups shepherded by a caring adult. These groups will share a devotion based on the theme of the day, as well as plan an upcoming "Supper Church" worship service.



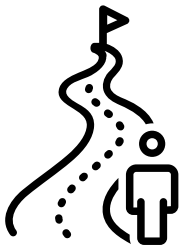
FULL BODY WORKOUT: Confirmation isn't just about filling heads with knowledge; its also about putting into action what we teach and preach!

Community Service (choose 2):

- 2 Wed Night Service Events
- 10 hours volunteering at church
- 10 hours volunteering in community

Worship Engagement (choose 3):

- 20 Worship Notes
- 6 times reading, ushering, or assisting with communion
- 2 times sharing music or prayers
- 1 time preaching



EXTRA MILE (choose 1): Get outside the norm and experience the wider church by attending a local ELCA Youth Retreat, a Synod Youth Retreat, a Bible Camp (Park River, Red Willow, or Metigoshe Bible Camps are excellent!), or attend the National Youth Gathering happening in 2024.



INTENSIVES (complete all): Meet with the pastor to do the final prep for your commissioning, including making your stole, planning the commissioning service, and sharing your faith story at a pizza party with your families. At the end, the strength training is complete, but your mission is just beginning!